

## DIPLOMA SUPPLEMENT

This Diploma Supplement model was developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates etc.). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It should be free from any value judgements, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should give the reason why.

### 1. INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION

- 1.1. Family name(s): SIAMATA
- 1.2 Given name(s): FOTEINI
- 1.3 Date of birth (day/month/year): 14-10-1974
- 1.4 Student identification number or code(if available): ΔΔ0470

### 2. INFORMATION IDENTIFYING THE QUALIFICATION

- 2.1 Name of the qualification and (if applicable) title conferred (in original language):  
ΠΤΥΧΙΟ (PTYCHIO) - DEGREE IN NUTRITION AND DIETETICS
- 2.2 Main field(s) of study for the qualification:  
NUTRITION AND DIETETICS
- 2.3 Name and status of awarding Institution (in original language):  
TECHNOLOGIKO EKPEDEFTIKO IDRIMA ( TEI ) LARISSAS  
TECHNOLOGICAL EDUCATION INSTITUTE (TEI) OF LARISSA, STATE INSTITUTION OF HIGHER EDUCATION
- 2.4 Name and status of Institution (if different from 2.3) administering studies (in original language):  
Same as 2.3
- 2.5 Language(s) of instruction/examination:  
HELLENIC (GREEK)

### 3. INFORMATION ON THE LEVEL OF THE QUALIFICATION

- 3.1 Level of qualification:  
FIRST CYCLE DEGREE LEVEL 5A (CLASSIFICATION ACCORDING TO ISCED OF UNESCO)
- 3.2 Official length of programme:  
Length in years: 4  
Weeks per year: 38  
ECTS credits: 240  
Work placement: SIX-MONTH PRACTICAL TRAINING
- 3.3 Access requirements:  
LEAVING CERTIFICATE OF UPPER SECONDARY SCHOOL AND GENERAL UNIVERSITY ENTRANCE EXAMINATIONS

### 4. INFORMATION ON THE CONTENTS AND RESULTS GAINED

- 4.1 Mode of study:  
FULL-TIME ATTENDANCE
- 4.2 Programme requirements:  
In order to graduate students should:
  - a) Successfully complete all required modules according to the program of study
  - b) Complete a dissertation (Primary research of Systematic Review) with supervision
  - c) Undergo a six month practical placement and collect 240 academic credits (A.C. -ECTS)COGNITIVE OBJECT OF THE DEPARTMENT  
The science of Nutrition and Dietetics of T.E.I. Thessaly emphasizes on promoting and optimizing human health and treating or preventing disease through adequate nutrition.  
MISSION OF THE DEPARTMENT  
The course aims to provide a progressive and cohesive program of applied learning, enabling students to understand the relationship between nutrition and health and apply this knowledge practically for the benefit of the individual and the community. We aim to develop the students' ability to critically evaluate dietetic practice based on current best scientific evidence and to develop to a high level the professional skills and competencies essential for graduates in the rapidly changing

environment of health provision.

#### STUDY STRUCTURE OF THE DEPARTMENT

Dietetics is underpinned by both health and social sciences. The course of study of the Nutrition and Dietetics department at Technological educational Institute of Thessaly includes biochemical and physiological sciences which introduce students to the field of Nutrition. Furthermore the program of study progresses into areas such as health economics, management and humanities. Also included are specialty modules such as clinical nutrition, nutrition through lifespan and nutrition and metabolism which form the basis of the Science of Nutrition and Dietetics and constitute the nature of the area of study.

The program of study also involves a thesis that aims to deepen the knowledge of students in applied research and help them systematically identify and critically evaluate literature from primary and secondary sources. Moreover research project targets on guiding students to utilize and reflect on appropriate research methods and apply them to the topic under study.

Finally students are required to complete a six month practical training performed in hospitals, food industry, health promotion agencies and other public and private organizations, related to the area of study.

4.3 Programme details (e.g. modules or units studied) and the individual grades/marks/credits obtained: (if this information is available on an official transcript this should be used here):

No	CODE	COURSE TITLE	SEM	EXAM	ECTS CREDITS	GRADE	REMARK
1	104	Biology	1	2010-11	6	8,38	CGB
2	102	Chemistry	1	2010-11	6	5,3	CGB
3	105	Intoduction to Nutrition	1	2010-11	6	5	CGB
4	101	Mathematics	1	2011-12	4	5	CGB
5	106	Foreign Language (English)	1	2011-12	4	Ung. Pass	CGB
6	103	Physics	1	2011-12	4	8	CGB
7	202	Human Anatomy	2	2011-12	5,5	9	CGB
8	204	Biochemistry	2	2011-12	8	10	CGB
9	205	History and Geography of Nutrition	2	2010-11	3	10	CGB
10	201	Organic Chemistry	2	2010-11	5	9	CGB
11	203	Human Physiology	2	2011-12	5,5	10	CGB
12	206	Psychology and Pathopsychology of Nutrition	2	2010-11	3	10	CGB
13	301	Food Analysis	3	2011-12	7	10	CGB
14	305	Biostatistics	3	2011-12	4	Ung. Pass	CGB
15	302	Food Microbiology	3	2011-12	5	9,75	CGB
16	306	Health Economics	3	2010-11	4	10	CGB
17	303	Pathophysiology	3	2011-12	5	9,4	CGB
18	304	Food Technology	3	2010-11	5	10	CGB
19	401	Nutrition and Metabolism I (Macronutrients)	4	2011-12	8	9,25	CGB
20	405	Nutrition through Lifespan I	4	2011-12	6	9,75	CGB
21	403	Nutritional Habits and Nutrition Education	4	2012-13	5	10	CGB
22	404	Nutritional Assessment	4	2011-12	5	10	CGB
23	402	Ergometry	4	2011-12	6	10	CGB
24	502	Food Technology & Quality Control	5	2012-13	5	9	CGB
25	501	Nutrition and Metabolism II (Micronutrients)	5	2012-13	8	9,25	CGB
26	504	Diet Planning in Health	5	2012-13	5	8,2	CGB
27	503	Psysical Activity and Health	5	2012-13	5	Ung. Pass	CGB
28	601	Nutrition through Lifespan II	6	2011-12	8	9	CGB
29	603	Nutritional Epidemiology	6	2011-12	6,5	9,75	CGB
30	602	Clinical Nutrition I	6	2012-13	7	9	CGB
31	604	Principles and Ethics in Nutrition and Dietetics	6	2011-12	5	9	CGB
32	704	Nutrition and Exercise	7	2012-13	5	9,25	CGB
33	705	Public Health Nutrition	7	2011-12	6	Ung. Pass	CGB
34	703	Nutritive Value of Foods	7	2012-13	6	9	CGB
35	701	Clinical Nutrition II	7	2012-13	7	8,4	CGB
36	702	Diet Planning in Pathological States	7	2012-13	6	8,5	CGB
37	3000	Work Placement	8	-	10	Ung. Pass	CGB
38	2000	Dissertation	8	26/11/2014	20	10	CGB
39	851	Ergophysiology	8	2011-12	3,5	Ung. Pass	CEL
40	855	Nutrition Counseling	8	2011-12	3,5	10	CEL
41	853	Pharmacology	8	2011-12	3,5	10	CEL

TOTAL ECTS CREDITS: 240.0

REMARKS: CGB=Courses of General Background, OC=Optional Courses, SPC=Specialization Courses, CEL=Core Electives, ER=Erasmus Recognition, SEL=Specialization Electives, Ung. Pass = Ungraded pass

Title of Degree dissertation: LOW CALORIES SWEETENERS STEVIA THE SAFETY AND THEIR EFFECTIVE ON HEALTH(20 ECTS, grade: 10)

Work Placement :(10 ECTS)

4.4 Grading Scheme and, if available, grade distribution guidance:

According to the regulation of study, grading is in the ten-point scale:

8.50 to 10 = Excellent

6.50 to 8.49 = Very good

5.00 to 6.49 = Good

For the successful completion of a course the grade received must be equal to or higher than 5.00.

4.5 Overall classification of the qualification (in original language): 9,32 Excellent - Άριστα (Arista)

## 5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION

5.1 Access to further study:

A degree (PTYCHIO) from the Department provides the opportunity for access to postgraduate studies in order to obtain a specialist postgraduate diploma and/or a doctoral diploma.

5.2 Professional status (if applicable):

The professional rights of graduates of the Department of Nutrition and Dietetics TE are described in the Presidential Decree PD 78 (Greek Government Gazette 36/7-2-1989) and PD 919/26-8-98. The graduates, based on their specialized scientific and technical knowledge, can work either independently or in collaboration with other scientists on modern and specific areas of Nutrition and Dietetics.

## 6. ADDITIONAL INFORMATION

6.1 Additional Information:

6.2 Further information sources

European Union : <http://ec.europa.eu/>

Ministry of education: [www.minedu.gov.gr](http://www.minedu.gov.gr)

Web Site of the Institution: [www.teilar.gr](http://www.teilar.gr)

## 7. CERTIFICATION OF THE SUPPLEMENT

7.1 Date : 30/12/1899

7.2 Names and Signatures :

Dr KONSTANTINOS DELIGIANNIS  
Associate Professor

MARINA ALEXAKI-KOLLATOU

7.3 Capacity :

Head of the Department

Head of Student Registry

7.4 Official Stamp or seal:

## 8. INFORMATION ON THE NATIONAL HIGHER EDUCATION SYSTEM

(i) Structure

According to the Framework Law (2007), higher education consists of two parallel sectors: the University sector (Universities, Polytechnics, Fine Arts Schools, the Open University) and the Technological sector (Technological Education Institutions (TEI) and the School of Pedagogic and Technological Education). The same law regulates issues concerning governance of higher education along the general lines of increased participation, greater transparency, accountability and increased autonomy. There are also State Non-university Tertiary Institutes offering vocationally oriented courses of shorter duration (2 to 3 years) which operate under the authority of other Ministries.

(ii) Access

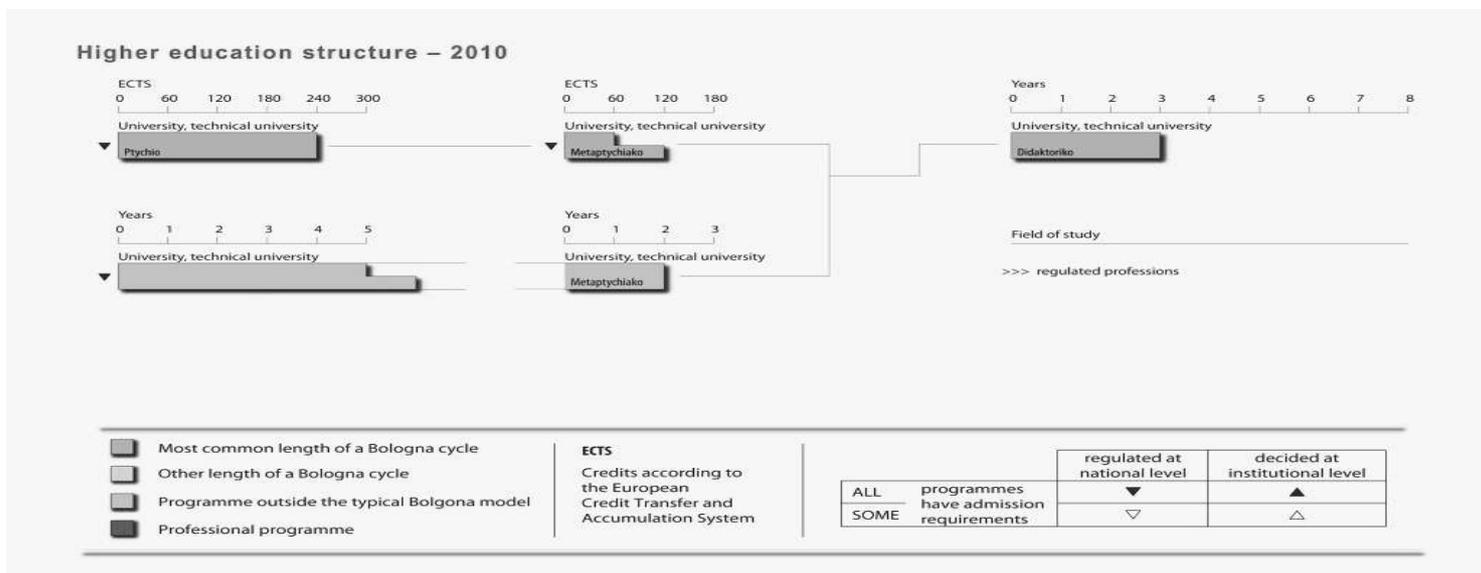
Entrance to the various Schools of the Universities (Panepistimio) and Technological Education Institutions (Technologiko Ekpaideftiko Idryma - TEI) depends on the general score obtained by Lyceum graduates on the Certificate, on the number of available places (numerus clausus) and on the candidates' ranked preferences among schools and sections.

(iii) Qualifications

Students who successfully complete their studies in universities and TEI are awarded a Ptychio (first cycle degree). First cycle programmes last from four years for most fields to five years for engineering and certain other applied science fields and six years for medicine. The Ptychio leads to employment or further study at the post-graduate level that includes the one year second cycle leading to the second degree, Metaptychiako Diploma Eidikefsis - equivalent to the Master's degree - and the third cycle leading to the doctorate degree, Didaktoriko Diploma. Recent legislation on quality assurance in Higher Education, the Credit Transfer System and the Diploma Supplement defines the framework and criteria for evaluation of university departments and for certification of student degrees. These measures aim at promoting student mobility and contributing to the creation of a European Higher Education Area.

A detailed description of the Greek Education System is offered in:

- \* EURYDICE (<http://www.eurydice.org>) database of the European Education Systems.
- \* [http://eacea.ec.europa.eu/education/eurydice/documents/thematic\\_reports/122EN.pdf](http://eacea.ec.europa.eu/education/eurydice/documents/thematic_reports/122EN.pdf) (pages 82,83)



This Diploma Supplement is issued and administered by the Technological Education Institute (TEI) of Thessaly according to the provisions of Article 8 (§6&7) Presidential Decree 83/2013 (Gov. Gazette 123/3-6-2013/A) and Article 7 of Law 4009/2011 as amended with Article 7 § 4c of Law 4142/2013 (Gov. Gazette 83/9-4-2013 vol. A).